

MGHS All-Time Performance Lists : MT. SAC 3M Course 2002-Present



Mt. SAC TOP 50 Freshmen Boys

Rank	Last Name	First Name	Grade	Event	Year	Time	
1	Court	Xavier	9	P	2014	16:19	
2	Mauge	Kevin	9	F	2013	16:37	
3	Chittenden	CY	9	I	2015	17:32	
4	Williams	Ethan	9	I	2012	17:34	
5	Satow	Quinn	9	I	2014	17:36	9
6	Shirazi	Chris	9	I	2014	17:38	4
7	Tomita	Evan	9	I	2009	17:43	
8	Gamble	Cole	9	I	2015	17:47	
9	Locicero	Ryan	9	I	2012	17:53	
10	Llorin	Caleb	9	I	2013	17:56	
11	Perez	Adam	9	I	2008	17:58	
12	Hunt	Brendan	9	I	2012	18:00	
13	Garrett	TY	9	I	2012	18:03	
14	MacDonald	Justin	9	I	2009	18:10	
15	Costley	Andrew	9	I	2013	18:10	
16	Adler	Zach	9	I	2008	18:19	
17	Suard	Tanner	9	I	2012	18:19	
18	Shalvarjian	Tyler	9	I	2009	18:21	
19	Giles	Mitchell	9	I	2004	18:24	
20	Rohde	Max	9	I	2013	18:25	
21	Beck	Joey	9	I	2007	18:27	
22	Kalinowski	Dan	9	I	2004	18:29	
23	Fiorito	Alex	9	I	2016	18:31	
24	DelMonte	Fitzy	9	I	2016	18:31	
25	Tabataba	Somi	9	I	2007	18:31	
26	Filarsky	Gavin	9	I	2005	18:32	
27	Douville	Brett	9	I	2007	18:32	
28	Ohmstede	JC	9	I	2010	18:39	
29	Hankamer	Dylan	9	I	2014	18:40	9
30	Conover	Ryan	9	I	2004	18:42	
31	Faber	Alan	9	I	2014	18:42	9
32	Lamb	Austin	9	I	2013	18:45	
33	Adler	Alex	9	I	2004	18:54	
34	Nunan	Sammy	9	I	2008	18:55	
35	Soares	JP	9	I	2015	18:56	
36	Velvin	Thomas	9	I	2016	18:58	
37	Hooper	Alan	9	I	2005	19:00	
38	Elias	Michael	9	I	2014	19:00	6
39	Dotemoto	Philip	9	I	2004	19:09	
40	Hollingsworth	William	9	I	2004	19:10	
41	Phillips	Jake	9	I	2015	19:16	
42	Cavallo	Jake	9	I	2007	19:27	
43	Wong	Andrew	9	I	2007	19:28	
44	Moore	Greg	9	I	2015	19:28	
45	Konis	Cole	9	I	2016	19:33	
46	Grant	Ryan	9	I	2015	19:36	
47	Denkhoda	Neema	9	I	2010	19:37	
48	Arruda	Matt	9	I	2013	19:38	
49	Wood	John	9	I	2013	19:40	
50	McLees	Justin	9	I	2005	19:53	

Mt. SAC TOP 50 Sophomore Boys

Rank	Last Name	First Name	Grade	Event	Year	Time	
1	Court	Xavier	10	I	2015	15:32	
2	Llorin	Caleb	10	I	2014	15:59	9
3	Chittenden	CY	10	I	2016	16:03	
4	Lewis	Cole	10	F	2015	16:06	4
5	Pagett	Cameron	10	P	2003	16:08	
6	Williams	Ethan	10	I	2013	16:08	
7	Perez	Adam	10	P	2009	16:12	
8	Pappas	Niko	10	F	2011	16:23	
9	Soares	JP	10	I	2016	16:23	
10	Satow	Quinn	10	I	2015	16:25	
11	Gamble	Cole	10	I	2016	16:28	
12	Taylor	Travis	10	P	2009	16:28	
13	Ensbury	Alex	10	I	2006	16:28	
14	Kalinowski	Dan	10	I	2005	16:35	
15	Scanlan	Bryce	10	F	2003	16:39	
16	Nunan	Samuel	10	I	2009	16:40	
17	Giles	Parker	10	P	2003	16:42	
18	Healy	Scott	10	I	2014	16:58	7
19	Diaz	Pablo	10	I	2009	17:08	
20	Rowe	Connor	10	P	2004	17:09	
21	Giles	Mitchell	10	I	2005	17:12	
22	Hankamer	Dylan	10	I	2015	17:13	
23	Adler	Alex	10	I	2005	17:15	
24	Garrity	Christopher	10	P	2004	17:17	
25	Elias	Michael	10	I	2015	17:21	
26	Stanbrook	William	10	I	2005	17:29	
27	Moore	Greg	10	I	2016	17:31	
28	Costley	Andrew	10	I	2014	17:34	9
29	Arruda	Matt	10	I	2014	17:37	0
30	MacDonald	Justin	10	I	2010	17:38	
31	Beck	Joey	10	I	2008	17:39	
32	Ohmstede	JC	10	I	2011	17:41	
33	Rohde	Max	10	I	2014	17:41	9
34	Mullins	Matt	10	I	2014	17:42	3
35	Hanley	Kevin	10	I	2004	17:43	
36	Breen	Jimmy	10	I	2008	17:45	
37	Faber	Alan	10	I	2015	17:47	
38	Shirazi	Brandon	10	I	2012	17:48	
39	Lamb	Austin	10	I	2014	17:52	6
40	Beezhold	Conor	10	I	2015	17:52	
41	Williams	David	10	I	2004	17:57	
42	Hollingsworth	William	10	I	2005	17:57	
43	Adler	Zach	10	I	2009	17:59	
44	Ascencio	Ryan	10	I	2008	18:02	
45	Meyers	Timothy	10	I	2004	18:07	
46	Garrett	TY	10	I	2013	18:07	
47	Hirahara	Spencer	10	I	2005	18:14	
48	Hodges	David	10	I	2012	18:16	
49	Locicero	Ryan	10	I	2013	18:16	
50	Fields	Robert	10	I	2004	18:26	

Mt. SAC 3M COURSE: 2002-Present



Mt. SAC TOP 50 Junior Boys

Rank	Last Name	First Name	Grade	Event	Year	Time
1	Llorin	Caleb	11	I	2015	15:41
2	Perez	Adam	11	I	2010	15:45
3	Williams	Ethan	11	F	2014	15:56
4	Taylor	Travis	11	I	2010	15:58
5	Villanueva	Dan	11	F	2003	16:01
6	Hanakeawe	Jason	11	I	2002	16:04
7	Yaskowitz	Michael	11	I	2015	16:08
8	Kalinowski	Dan	11	I	2006	16:10
9	Healy	Scott	11	I	2015	16:12
10	Pagett	Cameron	11	P	2004	16:12
11	Satow	Quinn	11	I	2016	16:17
12	Boxer	Jason	11	P	2009	16:20
13	Diaz	Pablo	11	I	2010	16:22
14	Conover	Adam	11	P	2006	16:22
15	Adler	Alex	11	P	2006	16:24
16	Shambaugh	Dillon	11	F	2011	16:24
17	Osterhout	Bram	11	P	2013	16:25
18	Garrity	Christopher	11	P	2005	16:27
19	Adler	Zach	11	I	2010	16:28
20	Weston	Chance	11	F	2013	16:28
21	Williams	David	11	P	2005	16:33
22	Garrett	TY	11	I	2014	16:34
23	Elias	Michael	11	I	2016	16:37
24	Shirazi	Brandon	11	F	2013	16:38
25	Hanley	Kevin	11	P	2005	16:39
26	Douville	Brett	11	P	2009	16:39
27	Lamb	Austin	11	I	2015	16:40
28	Arruda	Matt	11	I	2015	16:40
29	Shirazi	Chris	11	I	2016	16:43
30	Kline	Andrew	11	P	2003	16:45
31	Hollingsworth	William	11	P	2006	16:47
32	Ensbury	Alex	11	I	2007	16:52
33	Graves	Alex	11	I	2013	16:53
34	Nunan	Samuel	11	I	2010	16:55
35	Lewis	Cole	11	I	2016	16:57
36	Wood	John	11	I	2015	16:59
37	Rowe	Connor	11	I	2005	16:59
38	O'Brien	Matt	11	I	2013	17:06
39	MacDonald	Justin	11	I	2011	17:07
40	Beezhold	Conor	11	I	2016	17:11
41	Breen	Jimmy	11	I	2009	17:12
42	Stanbrook	William	11	I	2006	17:14
43	Costley	Andrew	11	I	2015	17:14
44	Hodges	David	11	I	2013	17:18
45	Wolfgang	Spencer	11	I	2005	17:26
46	Falley	Ben	11	I	2015	17:27
47	Stover	Tyler	11	I	2007	17:30
48	Faber	Alan	11	I	2016	17:35
49	Bandel	Ryan	11	I	2005	17:36
50	Lau	Jon	11	I	2013	17:36

Mt. SAC TOP 50 Senior Boys

Rank	Last Name	First Name	Grade	Event	Year	Time
1	Llorin	Caleb	12	I	2016	15:09
2	Adler	Alex	12	F	2007	15:15
3	Ohmstede	JC	12	I	2013	15:42
4	Taylor	Travis	12	F	2011	15:43
5	Hanakeawe	Jason	12	F	2003	15:47
6	Williams	Ethan	12	I	2015	15:47
7	Adler	Zach	12	F	2011	15:48
8	Perez	Adam	12	F	2011	15:48
9	Scanlan	Bryce	12	I	2005	15:51
10	Shirazi	Brandon	12	I	2014	15:53
11	Garrett	TY	12	F	2015	15:54
12	Pagett	Cameron	12	P	2005	15:58
13	Nunan	Samuel	12	F	2011	15:58
14	Stover	Tyler	12	F	2003	16:05
15	Osterhout	Bram	12	F	2014	16:06
16	Giles	Mitchell	12	F	2007	16:06
17	Goldberg	Michael	12	I	2012	16:06
18	Yaskowitz	Michael	12	I	2016	16:08
19	Kalinowski	Dan	12	F	2007	16:08
20	Villanueva	Dan	12	I	2004	16:11
21	Belay	Daniel	12	P	2004	16:11
22	Williams	David	12	I	2006	16:11
23	Arruda	Matt	12	I	2016	16:14
24	Weston	Chance	12	F	2014	16:14
25	Healy	Scott	12	I	2016	16:15
26	Kline	Andrew	12	P	2004	16:20
27	O'Brien	Matt	12	F	2014	16:23
28	Garrity	Chris	12	I	2006	16:24
29	Conover	Adam	12	F	2007	16:25
30	Hodges	David	12	F	2014	16:29
31	Graves	Alex	12	I	2014	16:30
32	Costley	Andrew	12	I	2016	16:30
33	Diaz	Pablo	12	I	2011	16:40
34	Hollingsworth	William	12	I	2007	16:43
35	Whong	Shawn	12	I	2013	16:43
36	Helfgott	Jacob	12	I	2014	16:44
37	MacDonald	Justin	12	I	2012	16:44
38	Wolfgang	Spencer	12	I	2006	16:49
39	Hanley	Kevin	12	I	2006	16:51
40	Douville	Brett	12	I	2010	16:54
41	Stanbrook	William	12	I	2007	16:59
42	Peha	Sarkis	12	P	2005	17:02
43	Ensbury	Alex M.	12	I	2008	17:04
44	Locicero	Ryan	12	I	2015	17:06
45	Wood	John	12	I	2016	17:12
46	Hirahara	Spencer	12	I	2008	17:14
47	Lau	Jon	12	I	2014	17:15
48	Shambaugh	Dillon	12	I	2012	17:23
49	Norden	Tyler	12	I	2010	17:33
50	Ramos	Daniel	12	I	2010	17:41



Mt. SAC 3M COURSE: 2002-Present

Mt. SAC TOP 85 Boys

Rank	Last Name	First Name	Grade	Event	Year	Time	
1	Llorin	Caleb	12	I	2016	15:09	
2	Adler	Alex	12	F	2007	15:15	
3	Court	Xavier	10	I	2015	15:32	
4	Ohmstede	JC	12	I	2013	15:42	
5	Taylor	Travis	12	F	2011	15:43	
6	Perez	Adam	11	I	2010	15:45	
7	Hanakeawe	Jason	12	F	2003	15:47	
8	Williams	Ethan	12	I	2015	15:47	
9	Adler	Zach	12	F	2011	15:48	
10	Scanlan	Bryce	12	I	2005	15:51	
11	Shirazi	Brandon	12	I	2014	15:53	7
12	Garrett	TY	12	F	2015	15:54	6
13	Nunan	Samuel	12	F	2011	15:58	
14	Page	Cameron	12	P	2005	15:58	
15	Villanueva	Dan	11	F	2003	16:01	
16	Chittenden	CY	10	I	2016	16:03	
17	Stover	Tyler	12	F	2003	16:05	
18	Osterhout	Bram	12	F	2014	16:06	
19	Giles	Mitchell	12	F	2007	16:06	
20	Goldberg	Michael	12	I	2012	16:06	
21	Lewis	Cole	10	F	2015	16:06	4
22	Yaskowitz	Michael	12	I	2016	16:08	
23	Kalinowski	Dan	12	F	2007	16:08	
24	Belay	Daniel	12	P	2004	16:11	
25	Williams	David	12	I	2006	16:11	
26	Healy	Scott	11	I	2015	16:12	
27	Arruda	Matt	12	I	2016	16:14	
28	Weston	Chance	12	F	2014	16:14	
29	Satow	Quinn	11	I	2016	16:17	
30	Boxer	Jason	11	P	2009	16:20	
31	Kline	Andrew	12	P	2004	16:20	
32	Conover	Adam	11	P	2006	16:22	
33	Diaz	Pablo	11	I	2010	16:22	
34	Soares	JP	10	I	2016	16:23	
35	Pappas	Niko	10	F	2011	16:23	
36	O'Brien	Matt	12	F	2014	16:23	
37	Shambaugh	Dillon	11	F	2011	16:24	
38	Garrity	Chris	12	I	2006	16:24	
39	Gamble	Cole	10	I	2016	16:28	
40	Ensbury	Alex	10	I	2006	16:28	
41	Hodges	David	12	F	2014	16:29	
42	Graves	Alex	12	I	2014	16:30	0
43	Costley	Andrew	12	I	2016	16:30	
44	Elias	Michael	11	I	2016	16:37	
45	Mauge	Kevin	9	F	2013	16:37	
46	Douville	Brett	11	P	2009	16:39	
47	Hanley	Kevin	11	P	2005	16:39	
48	Lamb	Austin	11	I	2015	16:40	
49	Giles	Parker	10	P	2003	16:42	
50	Hollingsworth	William	12	I	2007	16:43	



51	Whong	Shawn	12	I	2013	16:43	
52	Shirazi	Chris	11	I	2016	16:43	
53	Helfgott	Jacob	12	I	2014	16:44	0
54	MacDonald	Justin	12	I	2012	16:44	
55	Wolfgang	Spencer	12	I	2006	16:49	
56	Rowe	Connor	11	I	2005	16:59	
57	Stanbrook	William	12	I	2007	16:59	
58	Wood	John	11	I	2015	16:59	
59	Peha	Sarkis	12	P	2005	17:02	
60	Locicero	Ryan	12	I	2015	17:06	
61	Beezhold	Conor	11	I	2016	17:11	
62	Breen	Jimmy	11	I	2009	17:12	
63	Hankamer	Dylan	10	I	2015	17:13	
64	Hirahara	Spencer	12	I	2008	17:14	
65	Lau	Jon	12	I	2014	17:15	3
66	Falley	Ben	11	I	2015	17:27	
67	Moore	Greg	10	I	2016	17:31	
68	Norden	Tyler	12	I	2010	17:33	
69	Faber	Alan	11	I	2016	17:35	
70	Bandel	Ryan	11	I	2005	17:36	
71	Beck	Joey	10	I	2008	17:39	
72	Ramos	Daniel	12	I	2010	17:41	
73	Rohde	Max	10	I	2014	17:41	9
74	Mullins	Matt	10	I	2014	17:42	3
75	Tomita	Evan	9	I	2009	17:43	
76	McLees	Justin	12	I	2008	17:45	
77	Barrow	Timmy	12	I	2010	17:49	
78	Linsley	Derek	11	I	2004	17:49	
79	Meyers	Timothy	11	I	2005	17:50	
80	Montoya	Steven	12	I	2010	17:53	
81	Humbarger	Scott	12	I	2007	17:54	
82	Nip	Michael	12	I	2002	17:56	
83	Reese	Sam	11	I	2012	17:58	
84	Judge	Sean	11	P	2009	17:59	
85	Hunt	Brendan	9	I	2012	18:00	

