

Warrior Mile - 10/30/2019

West High
Results - Warrior Mile

Event 1 Boys 1600 Meter Run

Name	School	Finals
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Finals

4	James, Justin	Mira Costa	5:38.20
	1:25.3 (1:25.3)	2:49.5 (1:24.3)	4:17.5 (1:28.0)
	5:38.2 (1:20.8)		
7	Boughton, Timothy	Mira Costa	5:41.80
	1:22.8 (1:22.8)	2:50.2 (1:27.5)	4:18.6 (1:28.4)
	5:41.8 (1:23.2)		
12	Dupee, Braden	Mira Costa	5:53.30
	1:27.8 (1:27.8)	3:01.6 (1:33.8)	4:34.0 (1:32.5)
	5:53.3 (1:19.3)		
16	Schantz, Otto	Mira Costa	5:57.50
	1:29.7 (1:29.7)	3:02.2 (1:32.6)	4:34.1 (1:31.9)
	5:57.5 (1:23.4)		
17	Hong, Justin	Mira Costa	5:57.80
	1:28.8 (1:28.8)	3:01.1 (1:32.3)	4:31.4 (1:30.3)
	5:57.8 (1:26.5)		
32	Garrett, Shane	Mira Costa	6:08.40
	1:29.1 (1:29.1)	3:05.4 (1:36.4)	4:41.5 (1:36.1)
	6:08.4 (1:26.9)		
33	Hollinger, Michael	Mira Costa	6:08.50
	1:33.9 (1:33.9)	3:09.5 (1:35.7)	4:45.2 (1:35.7)
	6:08.5 (1:23.4)		
35	Kimble, John	Mira Costa	6:09.60
	1:29.6 (1:29.6)	3:06.4 (1:36.8)	4:42.1 (1:35.8)
	6:09.6 (1:27.5)		
36	Weiss, Jack	Mira Costa	6:09.80
	1:32.3 (1:32.3)	3:08.4 (1:36.2)	4:44.1 (1:35.8)
	6:09.8 (1:25.7)		

Event 3 Girls 1600 Meter Run

Name	School	Finals
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Finals

1	Webster, Danielle	Mira Costa	6:13.90
	1:25.8 (1:25.8)	3:00.8 (1:35.0)	4:41.2 (1:40.5)
	6:13.9 (1:32.8)		
4	Kahnamoui, Sarah	Mira Costa	6:21.70
	1:28.0 (1:28.0)	3:05.1 (1:37.1)	4:46.9 (1:41.9)
	6:21.7 (1:34.9)		
7	McAvin, Jordan	Mira Costa	6:33.40
	1:27.6 (1:27.6)	3:07.0 (1:39.4)	4:52.4 (1:45.5)
	6:33.4 (1:41.1)		
10	Shapiro, Brynn	Mira Costa	6:38.50
	1:32.4 (1:32.4)	3:13.9 (1:41.5)	4:58.9 (1:45.0)
	6:38.5 (1:39.6)		
17	Sorber, Syerra	Mira Costa	6:44.70
	1:37.2 (1:37.2)	3:24.6 (1:47.4)	5:09.7 (1:45.2)
	6:44.7 (1:35.0)		
19	Pirozzi, Mia	Mira Costa	6:46.30
	1:39.5 (1:39.5)	3:24.6 (1:45.2)	5:09.3 (1:44.7)
	6:46.3 (1:37.0)		
21	Boyle, Meghan	Mira Costa	6:46.80
	1:40.0 (1:40.0)	3:25.6 (1:45.6)	5:09.9 (1:44.3)
	6:46.8 (1:36.9)		

25	Ro, Emily	Mira Costa	6:55.40
	1:38.4 (1:38.4)	3:27.9 (1:49.5)	5:17.7 (1:49.8)
	6:55.4 (1:37.8)		
29	Wallis, Jamison	Mira Costa	7:00.20
	1:37.5 (1:37.5)	3:28.7 (1:51.3)	5:19.3 (1:50.6)
	7:00.2 (1:40.9)		
32	Searer, Abigail	Mira Costa	7:03.90
	1:40.0 (1:40.0)	3:30.3 (1:50.3)	5:23.0 (1:52.7)
	7:03.9 (1:40.9)		
35	Noah, Torah	Mira Costa	7:07.40
	1:39.7 (1:39.7)	3:28.0 (1:48.4)	5:18.5 (1:50.5)
	7:07.4 (1:49.0)		
46	Mitchell, Cristin	Mira Costa	7:23.50
	1:28.1 (1:28.1)	3:26.2 (1:58.1)	5:26.7 (2:00.6)
	7:23.5 (1:56.8)		

Event 4 Boys 1600 Meter Run

Name	School	Finals
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Finals

5	Graham, Jude	Mira Costa	5:12.60
	1:13.8 (1:13.8)	2:35.0 (1:21.3)	3:59.0 (1:24.0)
	5:12.6 (1:13.6)		
6	Alliegro, Sean	Mira Costa	5:12.70
	1:11.2 (1:11.2)	2:32.5 (1:21.3)	3:54.6 (1:22.1)
	5:12.7 (1:18.2)		
9	Pell, Dylan	Mira Costa	5:14.50
	1:14.5 (1:14.5)	2:33.2 (1:18.7)	3:54.6 (1:21.5)
	5:14.5 (1:20.0)		
17	Muwakki, Adam	Mira Costa	5:19.20
	1:19.2 (1:19.2)	2:40.7 (1:21.5)	4:01.9 (1:21.3)
	5:19.2 (1:17.3)		
28	Beck, William	Mira Costa	5:26.20
	1:21.0 (1:21.0)	2:46.8 (1:25.8)	4:13.3 (1:26.6)
	5:26.2 (1:12.9)		
35	Flynn, Connor	Mira Costa	5:28.90
	1:21.1 (1:21.1)	2:45.5 (1:24.5)	4:10.9 (1:25.4)
	5:28.9 (1:18.0)		
39	Fukumoto, Kyle	Mira Costa	5:29.90
	1:19.4 (1:19.4)	2:43.7 (1:24.4)	4:10.0 (1:26.3)
	5:29.9 (1:19.9)		
40	Haynes, James	Mira Costa	5:30.00
	1:19.6 (1:19.6)	2:44.3 (1:24.7)	4:10.8 (1:26.6)
	5:30.0 (1:19.2)		
43	Crow, Kainoa	Mira Costa	5:30.30
	1:20.8 (1:20.8)	2:45.2 (1:24.4)	4:10.5 (1:25.4)
	5:30.3 (1:19.8)		
45	Lewis, Ryan	Mira Costa	5:32.70
	1:21.8 (1:21.8)	2:47.5 (1:25.7)	4:13.9 (1:26.4)
	5:32.7 (1:18.9)		
54	Kubitz, Aiden	Mira Costa	5:35.70
	1:20.7 (1:20.7)	2:46.7 (1:26.1)	4:14.9 (1:28.2)
	5:35.7 (1:20.9)		

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Results - Warrior Mile

Event 5 Girls 1600 Meter Run

Name	School	Finals
Finals		
1 Samayoa, Iyanah	Mira Costa	5:54.90
1:22.5 (1:22.5)	2:55.7 (1:33.3)	4:30.1 (1:34.5)
5:54.9 (1:24.9)		
6 Rokosky, Lauren	Mira Costa	6:28.10
1:27.2 (1:27.2)	3:06.6 (1:39.4)	4:49.5 (1:42.9)
6:28.1 (1:38.7)		
7 Andrade, Marissa	Mira Costa	6:28.70
1:33.0 (1:33.0)	3:16.8 (1:43.8)	4:58.6 (1:41.9)
6:28.7 (1:30.1)		
14 Delgado, Denise	Mira Costa	6:36.20
1:35.4 (1:35.4)	3:18.6 (1:43.3)	5:02.5 (1:43.9)
6:36.2 (1:33.7)		
26 McDonald, Sarah	Mira Costa	6:47.00
1:32.7 (1:32.7)	3:16.7 (1:44.1)	4:59.8 (1:43.1)
6:47.0 (1:47.3)		
36 DiGregorio, Julia	Mira Costa	6:57.90
1:29.5 (1:29.5)	3:16.2 (1:46.8)	5:08.7 (1:52.5)
6:57.9 (1:49.3)		
41 Zadoyan, Isabella	Mira Costa	8:12.20
1:38.3 (1:38.3)	3:46.2 (2:08.0)	6:00.1 (2:13.9)
8:12.2 (2:12.1)		

Event 6 Boys 1600 Meter Run

Name	School	Finals
Finals		
1 Graham, Kai	Mira Costa	4:55.20
1:11.4 (1:11.4)	2:29.1 (1:17.8)	3:47.5 (1:18.4)
4:55.2 (1:07.8)		
2 Martin, Andrew	Mira Costa	4:57.20
1:10.0 (1:10.0)	2:27.8 (1:17.8)	3:46.1 (1:18.3)
4:57.2 (1:11.2)		
9 Graves, Jonathan	Mira Costa	5:05.60
1:16.1 (1:16.1)	2:36.8 (1:20.8)	3:57.4 (1:20.6)
5:05.6 (1:08.3)		
16 Parker, Nolan	Mira Costa	5:08.60
1:13.5 (1:13.5)	2:35.6 (1:22.1)	3:57.0 (1:21.5)
5:08.6 (1:11.7)		
39 Lewin, Jacob	Mira Costa	5:20.50
1:11.4 (1:11.4)	2:31.8 (1:20.5)	3:57.4 (1:25.6)
5:20.5 (1:23.2)		
40 Thune, Sigurd	Mira Costa	5:21.10
1:13.7 (1:13.7)	2:36.1 (1:22.4)	4:00.6 (1:24.6)
5:21.1 (1:20.5)		

Event 7 Girls 1600 Meter Run

Name	School	Finals
Finals		
1 Jensen, Heather	Mira Costa	5:42.20
1:21.4 (1:21.4)	2:49.6 (1:28.2)	4:18.3 (1:28.7)
5:42.2 (1:24.0)		

2 Cervantes, Sofia	Mira Costa	5:50.20
1:22.6 (1:22.6)	2:55.8 (1:33.3)	4:26.6 (1:30.9)
5:50.2 (1:23.6)		
8 Carew, Fionnula	Mira Costa	6:01.80
1:23.0 (1:23.0)	2:56.4 (1:33.4)	4:31.4 (1:35.1)
6:01.8 (1:30.4)		
10 DuGard, Pilar	Mira Costa	6:03.50
1:23.0 (1:23.0)	2:56.2 (1:33.2)	4:29.9 (1:33.8)
6:03.5 (1:33.6)		
15 McAndrews, Meghan	Mira Costa	6:10.90
1:26.0 (1:26.0)	3:02.0 (1:36.0)	4:38.4 (1:36.4)
6:10.9 (1:32.6)		
16 Oberst, Dylan	Mira Costa	6:11.70
1:27.8 (1:27.8)	3:05.3 (1:37.6)	4:41.6 (1:36.4)
6:11.7 (1:30.1)		
22 Dale, Katherine	Mira Costa	6:19.10
1:25.7 (1:25.7)	3:02.6 (1:37.0)	4:40.1 (1:37.5)
6:19.1 (1:39.1)		

Event 8 Boys 1600 Meter Run

Name	School	Finals
Finals		
1 Konis, Cole	Mira Costa	4:45.00
1:11.1 (1:11.1)	2:26.9 (1:15.8)	3:38.9 (1:12.0)
4:45.0 (1:06.1)		
20 Johnson, Hatcher	Mira Costa	4:59.70
1:15.0 (1:15.0)	2:32.1 (1:17.1)	3:48.2 (1:16.2)
4:59.7 (1:11.6)		
36 Qi, Jonathan	Mira Costa	5:05.80
1:14.3 (1:14.3)	2:33.5 (1:19.2)	3:50.7 (1:17.2)
5:05.8 (1:15.2)		
39 Bailey, Alexander	Mira Costa	5:06.50
1:15.7 (1:15.7)	2:33.4 (1:17.8)	3:51.1 (1:17.8)
5:06.5 (1:15.5)		

Event 9 Girls 1600 Meter Run

Name	School	Finals
Finals		
1 Chittenden, Anna	Mira Costa	5:37.20
1:18.9 (1:18.9)	2:46.6 (1:27.8)	4:15.1 (1:28.5)
5:37.2 (1:22.1)		
2 Parsley, Ella	Mira Costa	5:40.30
1:21.7 (1:21.7)	2:50.7 (1:29.0)	4:19.7 (1:29.0)
5:40.3 (1:20.6)		
4 Franz, Lucca	Mira Costa	5:42.70
1:21.5 (1:21.5)	2:49.9 (1:28.4)	4:19.6 (1:29.7)
5:42.7 (1:23.2)		
6 George, Cassidy	Mira Costa	5:43.50
1:18.4 (1:18.4)	2:46.2 (1:27.8)	4:16.9 (1:30.7)
5:43.5 (1:26.6)		
7 Chiu, Lauren	Mira Costa	5:43.80
1:22.2 (1:22.2)	2:50.4 (1:28.2)	4:19.8 (1:29.5)
5:43.8 (1:24.0)		
12 Murch, Amanda	Mira Costa	5:47.50
1:26.0 (1:26.0)	2:51.8 (1:25.8)	4:19.9 (1:28.1)
5:47.5 (1:27.6)		

Warrior Mile - 10/30/2019

West High
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Finals ... (Event 9 Girls 1600 Meter Run)

Name	School	Finals
13 Murch, Nicole	Mira Costa	5:48.20 1:25.0 (1:25.0) 2:55.9 (1:31.0) 4:27.1 (1:31.3) 5:48.2 (1:21.1)
14 Iantuono, Anna	Mira Costa	5:48.60 1:24.7 (1:24.7) 2:54.8 (1:30.1) 4:26.5 (1:31.7) 5:48.6 (1:22.1)
19 Hernandez, Maya	Mira Costa	5:52.50 1:26.6 (1:26.6) 2:55.9 (1:29.4) 4:27.2 (1:31.4) 5:52.5 (1:25.3)
52 Weston, Laine	Mira Costa	6:05.40 1:25.1 (1:25.1) 3:00.0 (1:35.0) 4:36.0 (1:36.0) 6:05.4 (1:29.4)
54 Misley, Holly	Mira Costa	6:13.90 1:26.5 (1:26.5) 3:00.6 (1:34.1) 4:37.3 (1:36.8) 6:13.9 (1:36.6)
60 Phillips, Kate	Mira Costa	6:48.20 1:32.4 (1:32.4) 3:12.5 (1:40.1) 4:59.0 (1:46.6) 6:48.2 (1:49.2)

Event 10 Boys 1600 Meter Run

Name	School	Finals
Finals		
1 Carew, Michael	Mira Costa	4:38.80 1:10.5 (1:10.5) 2:23.2 (1:12.7) 3:34.8 (1:11.7) 4:38.8 (1:04.1)
13 Sanders, Harrison	Mira Costa	4:48.10 1:10.7 (1:10.7) 2:26.2 (1:15.5) 3:40.1 (1:14.0) 4:48.1 (1:08.0)
25 Levin, Max	Mira Costa	4:50.80 1:10.9 (1:10.9) 2:26.6 (1:15.7) 3:41.1 (1:14.6) 4:50.8 (1:09.8)
28 Silagan, Ethan	Mira Costa	4:51.20 1:10.2 (1:10.2) 2:25.9 (1:15.8) 3:40.8 (1:14.9) 4:51.2 (1:10.5)
41 Succari, Faris	Mira Costa	4:54.20 1:12.2 (1:12.2) 2:25.6 (1:13.5) 3:40.7 (1:15.1) 4:54.2 (1:13.5)

Event 11 Girls 1600 Meter Run

Name	School	Finals
Finals		
2 Tofler, Pnina	Mira Costa	5:22.10 1:20.5 (1:20.5) 2:45.9 (1:25.5) 4:10.7 (1:24.8) 5:22.1 (1:11.5)
6 Kongsmo, Lucy	Mira Costa	5:28.20 1:21.6 (1:21.6) 2:48.3 (1:26.7) 4:12.5 (1:24.3) 5:28.2 (1:15.7)
7 Pappas, Tia	Mira Costa	5:28.40 1:20.0 (1:20.0) 2:46.4 (1:26.5) 4:11.7 (1:25.3) 5:28.4 (1:16.7)
7 Kershaw, Kayla	Mira Costa	5:28.40 1:20.8 (1:20.8) 2:46.9 (1:26.2) 4:11.0 (1:24.2) 5:28.4 (1:17.4)

19 Peterman, Jasmin	Mira Costa	5:34.40 1:20.1 (1:20.1) 2:46.6 (1:26.5) 4:11.7 (1:25.2) 5:34.4 (1:22.7)
27 Scalabrini, Isabella	Mira Costa	5:41.10 1:20.8 (1:20.8) 2:48.1 (1:27.4) 4:14.5 (1:26.4) 5:41.1 (1:26.6)
28 Newton, Piper	Mira Costa	5:41.50 1:22.4 (1:22.4) 2:48.2 (1:25.8) 4:17.2 (1:29.1) 5:41.5 (1:24.3)
31 Vazquez, Julia	Mira Costa	5:43.40 1:22.0 (1:22.0) 2:49.9 (1:28.0) 4:18.7 (1:28.8) 5:43.4 (1:24.7)
34 Diaz, Angela	Mira Costa	5:46.30 1:22.2 (1:22.2) 2:49.5 (1:27.3) 4:19.3 (1:29.8) 5:46.3 (1:27.0)
35 Chittenden, Cara	Mira Costa	5:52.00 1:20.1 (1:20.1) 2:47.5 (1:27.4) 4:20.5 (1:33.0) 5:52.0 (1:31.6)

Event 12 Boys 1600 Meter Run

Name	School	Finals
Finals		
1 Atkinson, William	Mira Costa	4:24.50 1:09.8 (1:09.8) 2:17.7 (1:07.9) 3:23.6 (1:06.0) 4:24.5 (1:00.9)
9 Velvin, Thomas	Mira Costa	4:31.60 1:09.8 (1:09.8) 2:17.4 (1:07.7) 3:25.4 (1:08.1) 4:31.6 (1:06.3)
13 Fiorito, Alexander	Mira Costa	4:33.40 1:10.5 (1:10.5) 2:18.0 (1:07.6) 3:33.4 (2:15.4)
15 Beale, Colin	Mira Costa	4:34.70 1:10.2 (1:10.2) 2:18.4 (1:08.3) 3:27.8 (1:09.4) 4:34.7 (1:06.9)
22 Velleca, Aidan	Mira Costa	4:37.40 1:07.4 (1:07.4) 2:16.8 (1:09.5) 3:28.2 (1:11.4) 4:37.4 (1:09.3)
32 Hong, Caleb	Mira Costa	4:40.50 1:08.4 (1:08.4) 2:19.8 (1:11.5) 3:31.2 (1:11.4) 4:40.5 (1:09.4)
39 Hampton, Blake	Mira Costa	4:45.80 1:07.7 (1:07.7) 2:20.7 (1:13.1) 3:35.2 (1:14.5) 4:45.8 (1:10.6)
--- O'Meara, Seamus	Mira Costa	NT 1:07.5 (1:07.5) 2:21.0 (1:13.5) 3:37.5 (1:16.6)